Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu Subject to Change	Italian Sausage Peppers and Onions Pizza Bread Cheese Burger Grilled Chicken Sandwich	Swedish Meatballs over GF Pasta Cheese Burger Grilled Chicken Sandwich	Pasta Marinara with Garlic Bread Cheese Burger Grilled Chicken Sandwich	Mac and Cheese with Garlic Toast Cheese Burger Grilled Chicken Sandwich
Waffles with Sausage Cheese Burger Grilled Chicken Sandwich	Poutine Cheese Burger Grilled Chicken Sandwich	Ground Beef and Spanish Rice Cheese Burger Grilled Chicken Sandwich	Pasta Marinara and GF Meatballs Cheese Burger Grilled Chicken Sandwich	Spanish Rice Bowl Cheese Burger Grilled Chicken Sandwich
14 No School	15 No School	16 No School	17 No School	18 No School
No School	Dumplings Cheese Burger Grilled Chicken Sandwich	Chicken Gyro Salad Cheese Burger Grilled Chicken Sandwich	Pasta Marinara with Garlic Bread Cheese Burger Grilled Chicken Sandwich	Cheese Pizza Cheese Burger Grilled Chicken Sandwich
Spanish Rice Bowl Cheese Burger Grilled Chicken Sandwich	Baked Potato with Cheese Sauce, Sour cream and Broccoli Cheese Burger Grilled Chicken Sandwich	Cheese Pizza Cheese Burger Grilled Chicken Sandwich		



What makes a meal? You must choose at least 3 to 5 components available for the school lunch price. Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk *Students must choose at least one fruit or vegetable

Daily Options: Crispy Chicken Patty Sandwich , Fruit & Yogurt Parfait with Granola and Belly Bears , Wow Butter and Jelly Sandwich , Juicy Cheeseburger on a Bun

Fruit Bar Options: Golden Delicious Apple , Fresh Petite Banana , Fresh Orange , Raisins , Diced Pears , Fresh Apple Slices , Citrusy Mandarin Oranges , Refreshing Mixed Fruit , Tropical Pineapple Tidbits , Cranberry Sauce , Sliced Luscious Strawberries

Vegetable Bar Options: Fresh Broccoli Florets , Fresh Baby Carrots , Crunchy Celery Sticks , Fresh Cucumber Slices , Fresh Red and Green Peppers , Garden Side Salad , Roasted Chickpeas

Milk Daily Options: Milk, Schneider's Skinny Mini's Fat Free Chocolate, Milk, Schneider's Skinny Mini's Fat Free Strawberr, Milk, Schneider's Skinny Mini's Fat Free Vanilla M, Milk, 1% Lowfat, Schneiders, MILK, Milk, Fat Free Skim Milk, Half Pint, Schneider's,

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